

Child's Name _____ Age _____ Birth Date _____ F M Blood Type _____
of Siblings _____ Names & Ages _____

List Child's Current Health Problems

Prioritize by listing the problems in order of importance.

- 1. _____ 3. _____
- 2. _____ 4. _____

Complete the following section for your top 3 problems (Check the bold descriptors that apply):

Problem #1: _____ Date of Onset: _____

Describe: _____

Cause: _____ **Constant?** or **Intermittent?**

Worsening or **Improving?** Why? _____

Rx / Surgery / Treatments tried & the results: _____

Associated personal and/or family history: _____

How does problem #1 effect your child's body / their life?: _____

Office Use Only _____

Problem #2: _____ Date of Onset: _____

Describe: _____

Cause: _____ **Constant?** or **Intermittent?**

Worsening or **Improving?** Why? _____

Rx / Surgery / Treatments tried & the results: _____

Associated personal and/or family history: _____

How does problem #2 effect your child's body / their life?: _____

Office Use Only _____

Child's Name: _____ Date: _____ **Confidential Pediatric Patient Health Record page 2**

Problem #3: _____ Date of Onset: _____

Describe: _____

Cause: _____ Constant? or Intermittent?

Worsening or Improving? Why? _____

Rx / Surgery / Treatments tried & the results: _____

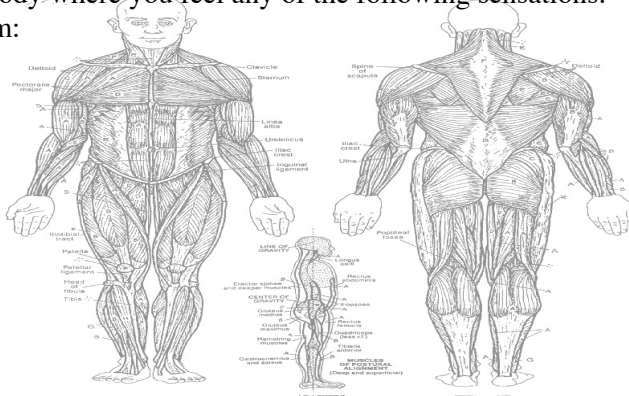
Associated personal and/or family history: _____

How does problem #3 effect your child's body / their life?: _____

Office Use Only _____

Use diagram to illustrate the areas on your body where you feel any of the following sensations:
Use the following letters to mark the diagram:

- A** = Numbness
- B** = Deep Aching
- C** = Burning
- D** = Stabbing
- E** = Pins & Needles
- F** = Throbbing
- G** = Itching



General Information

Has your child seen a naturopathic doctor before? No Yes
 Are they currently seeing one? No Yes Doctor's name: _____
 Does your child have a medical doctor? No Yes Doctor's name: _____
 Have you seen a chiropractic doctor before? No Yes
 Are you currently seeing one? No Yes Doctor's name: _____

Does your child see any other healthcare professional (i.e. acupuncturist, massage therapist, counselor)? No Yes

Explain: _____

What are the most significant measures that you have taken to improve your child's health? _____

Medications/ Nutritional Supplements

List prescribed meds current and past: _____

List all "over the counter" RX & supplements used: _____

Allergies to medications: _____

Child's Name: _____ Date: _____ **Confidential Pediatric Patient Health Record page 3**

Review of Child's Body Systems

Please **check** all the problems your child currently has:

Constitutional Good general health <input type="checkbox"/> Recent weight change <input type="checkbox"/> Night sweats, fevers <input type="checkbox"/> Fatigue/weakness <input type="checkbox"/> Developmental disorders <input type="checkbox"/>	Gastrointestinal Nausea/vomiting <input type="checkbox"/> Abdominal pain/stomach aches <input type="checkbox"/> Rectal bleeding <input type="checkbox"/> No appetite <input type="checkbox"/> Constipation/diarrhea <input type="checkbox"/>	Integumentary/Skin Abnormal nails <input type="checkbox"/> Rashes or itching <input type="checkbox"/> Acne <input type="checkbox"/> Dry/discolored Skin <input type="checkbox"/> Body odor <input type="checkbox"/>
Ears / Nose / Mouth / Throat Hearing loss or ringing <input type="checkbox"/> Sinus problems <input type="checkbox"/> Nose bleeds/bleeding gums <input type="checkbox"/> Sore throat/voice change <input type="checkbox"/> Canker/cold sores <input type="checkbox"/>	Musculoskeletal Muscle pain or cramps <input type="checkbox"/> Stiffness/swelling joints <input type="checkbox"/> Joint pain <input type="checkbox"/> Trouble walking/flat feet <input type="checkbox"/> Growth/bone disorders <input type="checkbox"/>	Allergic / Immunologic Food allergies <input type="checkbox"/> Frequent infections/colds <input type="checkbox"/> Hay fever <input type="checkbox"/>
Eyes Wear glasses/contacts <input type="checkbox"/> Blurred/double vision <input type="checkbox"/> Eye disease or injury <input type="checkbox"/> Eye pain/dryness <input type="checkbox"/>	Neurological Frequent headaches <input type="checkbox"/> Paralysis or tremors <input type="checkbox"/> Convulsions/seizures <input type="checkbox"/> Numbness/tingling <input type="checkbox"/> Motion/car sickness <input type="checkbox"/>	Genitourinary Blood in urine <input type="checkbox"/> Pain/burning on urination <input type="checkbox"/> Frequent urination <input type="checkbox"/> Kidney disease <input type="checkbox"/>
Cardiovascular Chest pain <input type="checkbox"/> Palpitations <input type="checkbox"/> Heart trouble <input type="checkbox"/> Swelling hands/feet <input type="checkbox"/> Lightheaded/dizzy/faints <input type="checkbox"/>	Hematologic / Lymphatic Anemia <input type="checkbox"/> Bruise easily <input type="checkbox"/> Slow to heal <input type="checkbox"/> Enlarged glands <input type="checkbox"/>	Genitourinary – Continued Bed wetting <input type="checkbox"/> Testicle/ovary pain <input type="checkbox"/> Menstrual problems <input type="checkbox"/>
Respiratory Shortness of breath <input type="checkbox"/> Cough <input type="checkbox"/> Wheezing/Asthma <input type="checkbox"/> Bad breath <input type="checkbox"/>	Endocrine Excessive Thirst/urination <input type="checkbox"/> Hair loss <input type="checkbox"/> Cold hands/feet <input type="checkbox"/> Hormone problems <input type="checkbox"/> Light sensitivity <input type="checkbox"/>	Psychiatric Insomnia/nightmares <input type="checkbox"/> Confusion/memory loss <input type="checkbox"/> Depression/fears/cries easily <input type="checkbox"/> Anxiety/panic attacks <input type="checkbox"/>

Medical History Check if your child has had any of the following (Circle if it has occurred in the past year):

<input type="checkbox"/> Chicken pox	<input type="checkbox"/> Scarlet Fever	<input type="checkbox"/> Tonsillitis - # of times
<input type="checkbox"/> Measles	<input type="checkbox"/> Pneumonia	<input type="checkbox"/> Ear Infections - # of times
<input type="checkbox"/> Mumps	<input type="checkbox"/> Tuberculosis (TB)	<input type="checkbox"/> Ear Infections - # of times
<input type="checkbox"/> Hepatitis	<input type="checkbox"/> High Fevers	
<input type="checkbox"/> Rheumatic Fever	<input type="checkbox"/> Other:	

Has your child ever had any of the following tests?

	When:	Where:	Results:
EKG	_____	_____	_____
EEG	_____	_____	_____
Psychological Eval	_____	_____	_____
Hearing test	_____	_____	_____
Speech test	_____	_____	_____

Vaccinations

<input type="checkbox"/> Measles	<input type="checkbox"/> Polio	<input type="checkbox"/> MMR	<input type="checkbox"/> Diphtheria
<input type="checkbox"/> Mumps	<input type="checkbox"/> DPT	<input type="checkbox"/> Tetanus	<input type="checkbox"/> Hepatitis
<input type="checkbox"/> Influenza	<input type="checkbox"/> Other (list): _____		

Diet (Current) Please describe your child's typical diet (Circle foods that are craved/excessively consumed):

Any reactions to food? (Describe): _____

Child's Name: _____ Date: _____ **Confidential Pediatric Patient Health Record page 4**

Personal | Family History (Unknown - Adopted)

Please check and name who was affected (Self, Mother, Father, Grandparents, Sisters, Brothers, Children)

- | | | |
|--|--|---|
| <input type="checkbox"/> AIDS/HIV _____ | <input type="checkbox"/> Eczema _____ | <input type="checkbox"/> Senility _____ |
| <input type="checkbox"/> Alcoholism _____ | <input type="checkbox"/> Gout _____ | <input type="checkbox"/> Sex abuse _____ |
| <input type="checkbox"/> Allergies _____ | <input type="checkbox"/> Heart disease _____ | <input type="checkbox"/> Seizures _____ |
| <input type="checkbox"/> Anemia _____ | <input type="checkbox"/> High blood pressure _____ | <input type="checkbox"/> Stroke _____ |
| <input type="checkbox"/> Arthritis _____ | _____ | <input type="checkbox"/> Suicide _____ |
| <input type="checkbox"/> Asthma _____ | <input type="checkbox"/> Hypoglycemia _____ | <input type="checkbox"/> TB _____ |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Kidney disorder _____ | <input type="checkbox"/> Thyroid problems _____ |
| <input type="checkbox"/> Depression _____ | <input type="checkbox"/> Mental illness _____ | <input type="checkbox"/> Ulcer _____ |
| <input type="checkbox"/> Diabetes _____ | <input type="checkbox"/> Migraines _____ | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Drug Problems _____ | <input type="checkbox"/> Obesity _____ | |
| | <input type="checkbox"/> Psoriasis _____ | |

Menstrual/Reproductive History (Females only)

Age period began? ___ Date of last period: _____ Regular periods? No Sometimes Yes

Periods every days ___ (length of entire cycle) Flow: Heavy Medium Light Duration: ___ days

Spotting? No Yes Midcycle: No Yes Instead of period? No Yes Bloating? No Yes

Cyclical premenstrual weight gain: No Yes How much? ___ lbs.

Cramps? No Yes Duration: ___ days Intensity: Mild Moderate Severe

PMS? No Yes Describe: _____

Birth History

Check if mother had any of the following problems during pregnancy. Mother's age at child's birth?

<input type="checkbox"/> Bleeding	<input type="checkbox"/> Illnesses	<input type="checkbox"/> Excessive weight	<input type="checkbox"/> Physical/emotional trauma
<input type="checkbox"/> Nausea	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Thyroid problems	<input type="checkbox"/> Hypertension
<input type="checkbox"/> Cigarettes, alcohol, drug consumption (describe): _____			

Medications (list): _____

Pregnancy:

Term: Full Premature Late In Weeks _____ Weight at birth _____lbs _____oz

Length of labor: _____hours Complications? _____

Check if your child had any of the following problems during their first 3 months of life:

<input type="checkbox"/> Jaundice	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Birth defects	<input type="checkbox"/> Rashes
<input type="checkbox"/> Colic	<input type="checkbox"/> Fever	<input type="checkbox"/> Cerebral palsy	<input type="checkbox"/> Allergies
<input type="checkbox"/> Blue baby	<input type="checkbox"/> Seizures	<input type="checkbox"/> Birth injuries	<input type="checkbox"/> Constipation
<input type="checkbox"/> Other: _____			

Child's sleep pattern (first year) _____

Feeding: Breast-fed How long? ____ Formula: Milk Soy Other: _____ How long? _____

Age began solid foods _____ List first foods: _____

Food intolerance (if any) _____

Age began: Sitting ____ Crawling ____ Walking ____ First words ____

Is there anything else you would like the Doctor to know?

